

There is a docuseries called Remedy and in episode 9 they focus on fertility issues where they featured two doctors in Colorado that do integrative medicine (have studied Ayurveda, Chinese and Western medicine) and have a super high success rate. It's been a while since I watched the episode but I'm pretty sure it was around 80% success rate with infertility. The principles of Ayurveda states that infertility occurs when a woman's shukra dhatu, or the reproductive tissue does not get proper nutrition. This may happen because of improper digestion, and also because of toxins in the body. Ayurvedic treatment for infertility in women aims at removing toxins from the body, and ensuring the proper transformation of food into nutrients, which will move to your shukra dhatu (reproductive tissue).

The doctors names are:

Christine Cannon MD in Denver and

Robert Rowntree MD in Boulder.